



**To learn more, call your regional contact.**

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**Artwork** by Tammy Poirier, 2008

*"This is about more than mountains, water and trees. The mountains are like challenges for people with disabilities. You can climb a high mountain; you just have to try. People with disabilities can do anything if they just try. You have to look over the disability, not at the disability."*

**Photo credits**

Courtesy of the late Patrick Worth, Provincial PDD Board taken at Self-Advocacy Summit 2004 and Debbie Reid at the 2009 Provincial Summit Planning meeting, 2008.



**October 2 - 4, 2009**  
**Edmonton, Alberta**

A provincial gathering for...

Arts & Culture  
Connections & Fun  
Teaching & Learning  
Issues  
Organizing  
Networking

[www.sasummit.com](http://www.sasummit.com)

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## WHAT IS THE SELF-ADVOCACY SUMMIT?

People with developmental disabilities from all over Alberta will meet for 2 1/2 days in Edmonton to learn how to make the world better for people with developmental disabilities, meet new people and be proud of who we are and show it!

### SELF-ADVOCACY IN ACTION...

**Arts and Disability Culture** - We will have films, theatre, dance and a display by artists with developmental disabilities.

**Connections** - We will have an evening of music and a talent show, and create ways to keep in touch with one another.

**Teaching and Learning** - We will teach each other new things.

**Issues** - We will talk about problems that are important to people with developmental disabilities and what to do about them.

**Organizing** - We will plan how to work together to make life better for people with developmental disabilities in Alberta.

**Networking** - We will talk with politicians and with self-advocates from other parts of Alberta and find out about what they do.

### WHY IS SELF-ADVOCACY IMPORTANT?

People with developmental disabilities are the experts on their lives.

We need to speak up about our lives. That way we can help make things better.

If we do not speak out, we cannot make a difference.

Things might change, but the change may not be what we need or want.

If all self-advocates work together with others, we can make a difference.

### HOW CAN I BE INVOLVED?

Do you want to be a speaker? The deadline to tell us you want to speak is April 15<sup>th</sup>, 2009.

The deadline to register for the Summit is June 1<sup>st</sup>, 2009. (Contact information is on the back if you would like to learn more.)

### WHAT IF I WANT TO BE A SPONSOR OR DONATE?

If you would like to donate money or other things to the Summit, contact Deb Huber at SKILLS in Edmonton (780) 496-9686 or by e-mail at [deb@skillsedm.com](mailto:deb@skillsedm.com)

### WHO CAN GO TO THE SUMMIT?

The Summit is mainly for people with developmental disabilities to speak and be heard. Others are welcome to come and work with us. But the Summit is mostly for people with developmental disabilities.

There is only space for 250 people. Please call your regional contact (on back of brochure) to learn more.



### WHERE IS THE SUMMIT?

The summit will be held at the Edmonton Coast Plaza Hotel in Edmonton, Alberta.

Self-Advocacy Summit 2009  
Self-Advocacy in Action!

